

# WITHINGS Research Wave

## Withings Research Wave: World Sleep Day Edition

March 14 is World Sleep Day, the annual spotlight on sleep health that promotes education, research and patient care.



### Major Advances in Sleep Health Technology Mark World Sleep Day

Withings is marks the occasion by highlighting the technology development and research the company is doing to promote better sleep and more accessible sleep diagnostics.

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### Withings Sleep Rx: Allowing Sleep Specialists to Make House Calls

Withings Sleep Rx brings the scientific rigor of the sleep lab to the comfort of the patient's own bed.

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### A Single-Night Sleep Study Can Misdiagnose Sleep Apnea Up to Half the Time

A study of nearly 70,000 individuals, over an average of 170 nights each, yielded groundbreaking results for the diagnosis of Obstructive Sleep Apnea (OSA).

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## Researcher Spotlight

As a university student and elite mountain biker, Professor Danny Eckert wanted to know how to scientifically improve athletic performance. But a last-minute job offer changed his focus from exercise to sleep as a means to peak performance. He redefined our understanding of sleep apnea as solely an anatomical issue. His groundbreaking work on sleep apnea endotypes has opened the door to precision medicine. With his large team of researchers, Professor Eckert is revolutionizing our understanding of sleep apnea and helping millions reach their peak performance, one night at a time.

Learn More



Conducting research and interested in partnering with Withings? [Contact Us](#)