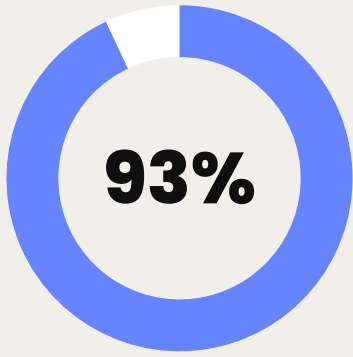


Examining the Impact of Connected Devices on GLP-1 Therapy

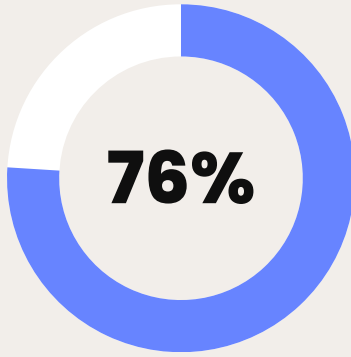
Survey Summary

In a March 2024 survey, Withings Health Solutions asked their database of device users about their experience with GLP-1 treatments and the biomarkers they've been monitoring throughout their health journey, garnering responses from **2352** participants.

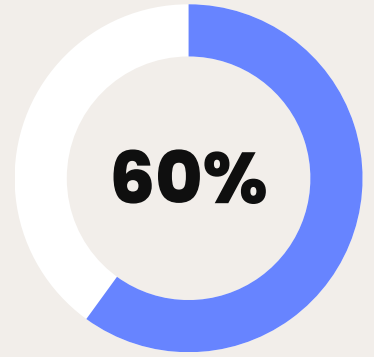
25% of those respondents reported they have been taking a GLP-treatment for either weight or diabetes management.



of respondents reported having been prescribed healthy habits alongside their GLP-1 treatments



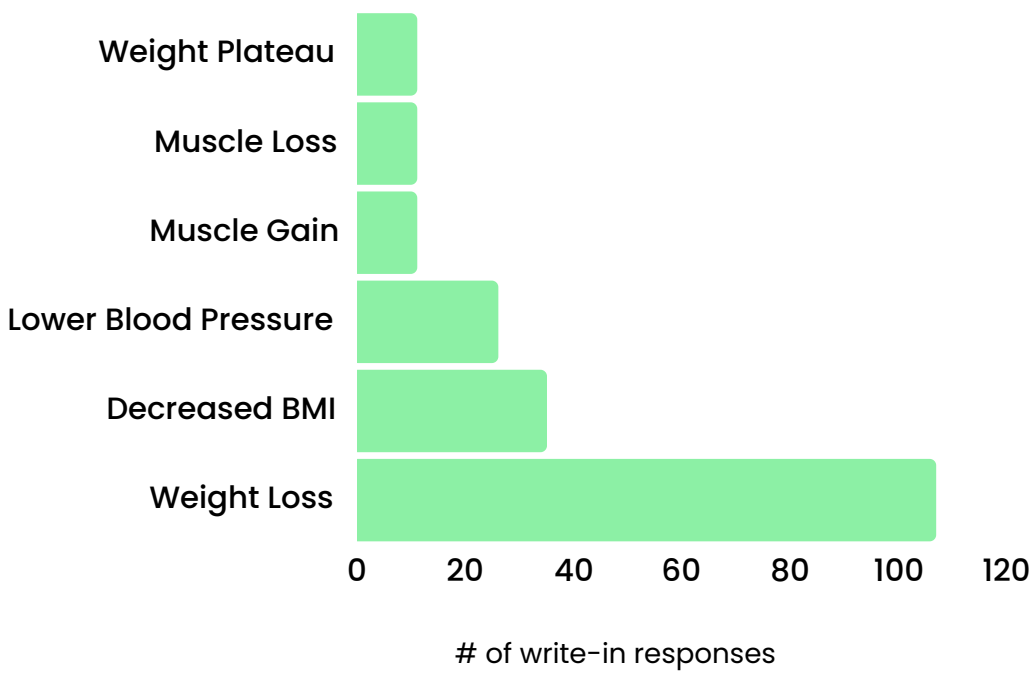
of respondents reporting that Withings products impacted their GLP-1 treatment journey



of respondents reported noticing biomarker changes associated with their GLP-1 treatment

What changes in your health data have you noticed since starting GLP-1 treatment?

Most reported biomarker changes



50%

of users reported body composition as one of the most important biomarkers they were paying attention to during their treatment

How have your Withings devices and app impacted your experience and engagement in taking a GLP-1?

"Daily reminder of weight, body composition, and BP (blood pressure) reinforced healthy eating and my exercise goals."

"I watch my muscle mass through the Withings scale. I don't need my weight to decrease quickly, but I do want to keep or gain muscle."

"[My Withings scale] encouraged daily weigh-ins, identification of more clear lean body mass decrease, [and] increased focus on protein intake and resistance exercise per HCP guidance."

"I was fearful that I would lose muscle, and the scale helped me to monitor."