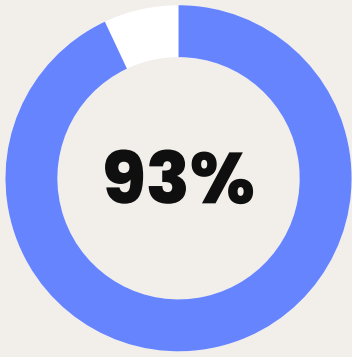


# Examining the Impact of Connected Devices on GLP-1 Therapy

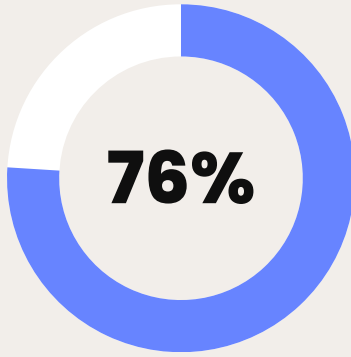
## Survey Summary

In a March 2024 survey, Withings Health Solutions asked their database of device users about their experience with GLP-1 treatments and the biomarkers they've been monitoring throughout their health journey, garnering responses from **2352** participants.

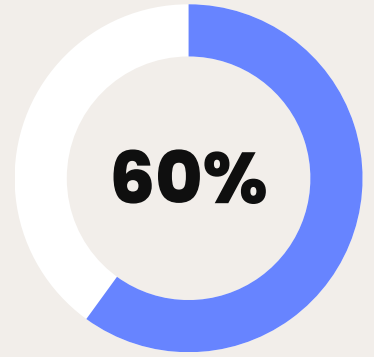
**25%** of those respondents reported they have been taking a GLP-treatment for either weight or diabetes management.



of respondents reported having been prescribed healthy habits alongside their GLP-1 treatments



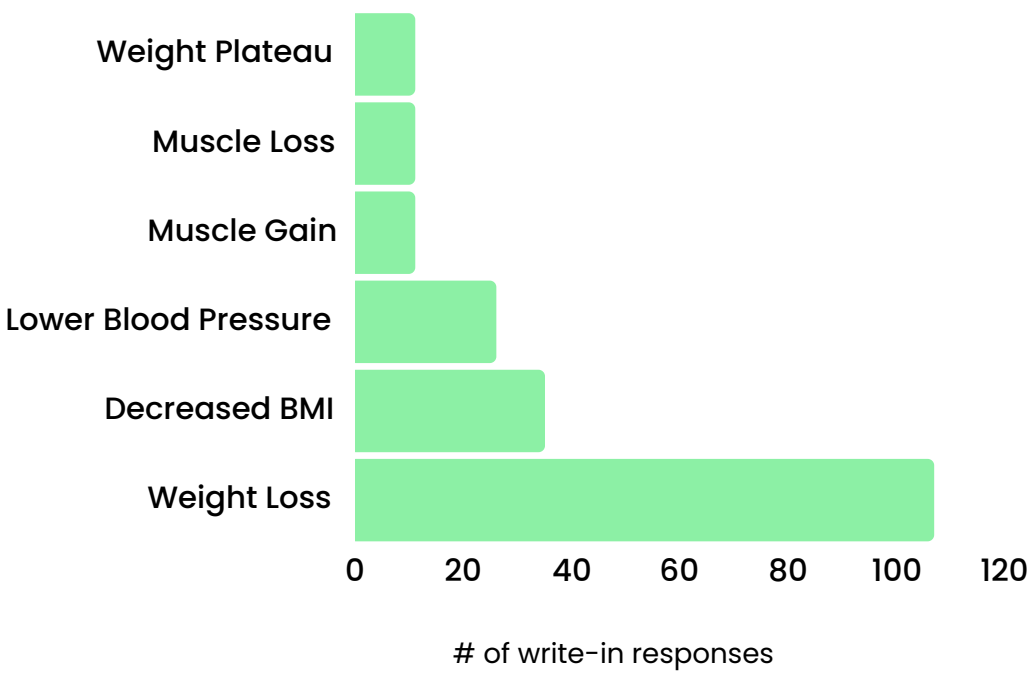
of respondents reporting that Withings products impacted their GLP-1 treatment journey



of respondents reported noticing biomarker changes associated with their GLP-1 treatment

### What changes in your health data have you noticed since starting GLP-1 treatment?

Most reported biomarker changes



37%

of users reported body composition as a key biomarker they were paying the most attention during their treatment

How have your Withings devices and app impacted your experience and engagement in taking a GLP-1?

"Daily reminder of weight, body composition, and BP (blood pressure) reinforced healthy eating and my exercise goals."

"I watch my muscle mass through the Withings scale. I don't need my weight to decrease quickly, but I do want to keep or gain muscle."

"[My Withings scale] encouraged daily weigh-ins, identification of more clear lean body mass decrease, [and] increased focus on protein intake and resistance exercise per HCP guidance."

"I was fearful that I would lose muscle, and the scale helped me to monitor."